



HERITAGE
PET HOSPITAL

SENIOR CARE



AS YOUR SENIOR PET BEGINS TO AGE, WE WOULD LIKE TO BE PROACTIVE IN PREVENTING THE PROGRESSION OF DISEASES THAT ARE NOT ONLY COMMON IN ANIMALS, BUT ARE ALSO COMMON IN MANY HUMANS. DISEASES SUCH AS DIABETES, HEART DISEASE, ENDOCRINE DISEASE AND CANCER CAN GO UNNOTICED IN THEIR EARLY STAGES AND CHANGES CAN OCCUR QUICKLY. EARLY DETECTION CAN HELP US PROVIDE A BETTER QUALITY OF LIFE AND PROVIDE US WITH INFORMATION TO ENABLE US TO SUCCESSFULLY MANAGE THEIR DISEASE, WHICH COULD HELP PROLONG THEIR LIFE AS WELL. AS YOUR PET GETS OLDER, HE OR SHE MAY NEED MORE EXTENSIVE EXAMS OR LAB TESTS.

SOME AGE RELATED DISEASES MAY NOT BE PREVENTABLE, BUT EARLY DETECTION AND INTERVENTION IS THE KEY TO SUCCESSFUL MANAGEMENT. THEREFORE, HERITAGE PET HOSPITAL HAS DEVELOPED STANDARDS OF CARE FOR OUR SENIOR PATIENTS. OUR DOCTORS HAVE DEVELOPED THESE STANDARDS, OR RECOMMENDATIONS, TO CREATE A BASELINE OF INFORMATION FOR EACH PATIENT AND TO DETECT THESE DISEASES IN THEIR EARLY STAGES.

Recommendations for our CANINE and FELINE patients over the age of 8:

- Mini Blood Profile/Electrolytes:**
 Checks for liver disease, kidney disease, bone disease, dehydration, Addison's disease, anemia and diabetes.
- Urinalysis:**
 A urinalysis can provide us information not only about the kidneys and bladder, but the liver, pancreas and other organs.
- Glaucoma Screen (dogs only)**
 Checks for an increase in ocular pressure, the only way to diagnose this disease.

Based on these test results and your pet's physical exam, your doctor may make additional recommendations as needed.

How old is your pet, really?

The health of your pet can change rapidly as he or she ages.

Beginning at around age 7, your pet enters his or her senior years. Often, pets may begin to develop diseases common to their senior human counterparts such as diabetes, heart disease, hypothyroidism and cancer. These diseases can go unnoticed in their early stages and changes can occur quickly, therefore, preventive healthcare is very important.

First, identify your pet's medical years using the chart. Then, we'll discuss ways to keep your pet healthy.



| age | weight | | | |
|-----|--------|-------|-------|-----|
| | 0-20 | 20-50 | 50-90 | >90 |
| 1 | 7 | | | |
| 2 | 13 | | | |
| 3 | 20 | | | |
| 4 | 26 | | | |
| 5 | 33 | | | |
| 6 | 40 | | | |
| 7 | 44 | | | |
| 8 | 48 | | | |
| 9 | 52 | | | |
| 10 | 56 | | | |
| 11 | 60 | | | |
| 12 | 64 | | | |
| 13 | 68 | | | |
| 14 | 72 | | | |
| 15 | 76 | | | |
| 16 | 80 | | | |
| 17 | 84 | | | |
| 18 | 88 | | | |
| 19 | 92 | | | |
| 20 | 96 | | | |
| 21 | 100 | | | |
| 22 | 104 | | | |
| 23 | 108 | | | |
| 24 | 112 | | | |
| 25 | 116 | | | |

| age | weight | | | |
|-----|--------|-------|-------|-----|
| | 0-20 | 20-50 | 50-90 | >90 |
| 1 | 7 | | | |
| 2 | 13 | 14 | 16 | 18 |
| 3 | 20 | 21 | 24 | 26 |
| 4 | 26 | 27 | 31 | 34 |
| 5 | 33 | 34 | 38 | 41 |
| 6 | 40 | 42 | 45 | 49 |
| 7 | 44 | 47 | 50 | 56 |
| 8 | 48 | 51 | 55 | 64 |
| 9 | 52 | 56 | 61 | 71 |
| 10 | 56 | 60 | 66 | 78 |
| 11 | 60 | 65 | 72 | 86 |
| 12 | 64 | 69 | 77 | 93 |
| 13 | 68 | 74 | 82 | 101 |
| 14 | 72 | 78 | 88 | 108 |
| 15 | 76 | 83 | 93 | 115 |
| 16 | 80 | 87 | 99 | 123 |
| 17 | 84 | 92 | 104 | 131 |
| 18 | 88 | 96 | 109 | 139 |
| 19 | 92 | 101 | 115 | |
| 20 | 96 | 105 | 120 | |
| 21 | 100 | 109 | 126 | |
| 22 | 104 | 113 | 130 | |
| 23 | 108 | 117 | | |
| 24 | 112 | 120 | | |
| 25 | 116 | 124 | | |

COLOR KEY: ■ adult ■ senior ■ geriatric

Together, we can help your pet enjoy a lifetime of good health.



Help! I CAN'T GET THESE PILLS IN MY PET!



We've all seen the comic strips depicting pet owners trying to give their pets medication.

This usually results in frightened or upset pets and frustrated or wounded owners. We can help you have a better experience! Our staff is full of suggestions, tips and tricks to help you give the medications your veterinarian has prescribed.

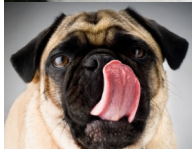
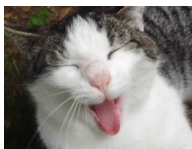
Greenies Pill Pockets are a small moist treat

that has a "pocket" to tuck the pill, tablet or capsule in. We have had lots of positive feedback from clients regarding this product. It comes in beef or chicken flavor in a larger size for dogs and chicken flavor in a smaller size for little dogs and cats. Pill Guns and syringes can be used with canned food to "hide" the pill before inserting into the mouth and then it is more easily chewed or swallowed.

If needed, we can also discuss different forms of medications that maybe easier to give such as liquids or flavored medications.

Our staff can show you the best ways to hold your pet to make it easier to give medications. We are always happy to demonstrate with your pet free of charge.

Please call regarding any questions or concerns you have!



STAFF MEETINGS

Ever wonder what the staff at Heritage Pet Hospital is up to when we are closed for our weekly staff meetings?

At our meetings we cover topics that are of concern or interest to all staff members. New ideas, procedures and products are discussed. Training is an ongoing process and we try to make it fun by using role playing and games. Most importantly, we talk about how we can improve the quality of care for our patients.

In the past few months we have covered many interesting subjects including.....

- ◇ CPR Refresher Course
- ◇ Weight Management Training Seminar
- ◇ Parasite Refresher Course
- ◇ Pet Portal Information and Training
- ◇ Companion Laser Therapy Information



HOW TO GIVE YOUR CAT A PILL IN 10 EASY STEPS

1. Sit on sofa. Pick up cat and cradle it in the crook of your elbow as though you were going to give a bottle to a baby. Talk softly to it.

2. With right hand, stroke cat's throat until it opens its mouth (be patient). Drop pill into mouth. Let go of cat, noticing the direction it runs.

3. Pick the pill up off the floor and go get the cat. Sit on floor in kitchen, wrap arm around cat as before, drop pill in mouth. Let go of cat, noticing the direction it runs.

4. Scoot across floor to pick up pill, and go find the cat. Bring it back into the kitchen. Hold cat as before, but hold down its front paws with forearm. Drop pill into mouth.

5. Pry claws from back legs out of your arm. Go get the cat, pick up half-dissolved pill from floor and drop it into garbage can.

6. Get new pill from bottle. Go into bathroom and get a fluffy towel. Stay in the bathroom with the cat, and close the door.

7. Sit on bathroom floor, wrap towel around kitty, leaving only his head exposed. Cradle kitty in the crook of your arm, and pick up pill off of counter.

8. Retrieve cat from top of shower door (you didn't know that cats can jump 5 feet straight up in the air, did you?), and wrap towel around it a little tighter, making sure its paws can't come out this time. With fingers at either side of its jaw, pry it open and pop pill into mouth. Quickly close mouth (his, not yours).

9. Sit on floor with cat in your lap, stroking it under the chin and talking gently to it for at least a half hour, while the pill dissolves.

10. Unwrap towel, open bathroom door. Wash off scratches in warm soapy water, comb your hair, and go find something to occupy your time for 7-1/2 hours, then repeat.

HERITAGE PET HOSPITAL STAFF

| | | | |
|-----------------------|----------------------------|-------------------|-------------------------------|
| Laura Toddie, DVM | Veterinarian / Owner | Maria Larson, CVT | Certified Veterinary Tech. |
| Travis Einertson, DVM | Veterinarian / Owner | Amy Meier, CVT | Certified Veterinary Tech. |
| Deb Bahr, CVT, CVPM | Practice Manager | Erin Albrecht | Certified Veterinary Tech. |
| Becky Sargent, DVM | Relief Veterinarian | Jessica Borg | Veterinary Assistant |
| Christa Worrell, DVM | Relief Veterinarian | Jeanne Wilcox | Receptionist/Tech. Supervisor |
| Kathy Enger, CVT | Certified Veterinary Tech. | Barb Skrukud | Receptionist |
| Cheryl Moore, CVT | Certified Veterinary Tech. | Jess Raasch | Receptionist |

NEW STAFF MEMBERS!**Jess Raasch**

Jess joined our staff as a receptionist this past June. Jess recently graduated from UW-LaCrosse in May 2009 with a four year degree in Therapeutic Recreation and a minor in Psychology. She worked for a humane society during college for three years and this past year worked as a veterinary receptionist in Madison, WI. She recently moved back to her hometown, Zumbrota, where she lives with her 4 ½ year old pit-bull mix, "Zoe", and her 5 year old black cat, "Flipper". Outside of work, Jess enjoys reading, swimming, playing soccer, spending time with her family, and spending time outside. She would enjoy scrap booking if only she had the time (as of now it's on her to do list) and also hopes to begin volunteering at a local shelter once she is settled in.

When asked these questions...

Q- What is the best present you ever received from a pet?

A- Hope, if my dog "Zoe" can make it in this world after being at the humane society for over 4 years anyone can!

Q- Name a movie or book that best describes your personality.

A- Runaway Bride

ERIN ALBRECHT

Erin is our new Certified Veterinary Technician. Erin graduated from Rochester Community and Technical College in May 2010 with an Associate in Applied Science degree in Veterinary Technology. She joined Heritage Pet Hospital in July 2010. In her free time she enjoys fishing, canoeing, gardening and baking. She lives in Pine Island, MN with her fiancé Cody and her pets/children, a black lab named "Harley", her rat terrier named "Tobey", new puppy named Remey and new cat, Joey. Erin says she loves being part of a team and making a difference in animal's lives.

When asked these questions....

Q-Best present you ever received from a pet

A- The love and friendship I receive is the best present in the world!

Q-Name a movie or book that best describes your personality

A- The Notebook

NEW LEASH ON LIFE



On October 2nd, 2010 at Silver Lake Park, Heritage Pet Hospital, along with many others, sponsored and participated in the first annual New Leash on Life pet walk. This event was a fun filled day that included a 5K dog run and 3K dog walk with live music and entertainment. The event raised money for an emergency fund for Paws and Claws Humane Society and for pet therapy program at Zumbro Valley Mental Health Center. The final amount raised for this event was \$20,000!! It was a great way to get the community and their pets together to support 2 great causes!

FUN FACTS

- ♥ Domestic cats purr at about 26 cycles per second, the same frequency as an idling diesel engine.
- ♥ The coyote is a member of the dog family and its scientific name, "canis latrans" means barking dog.
- ♥ The leg bones of a bat are so thin that no bat can walk.
- ♥ Millions of trees are accidentally planted by squirrels that bury nuts and then forget where they hid them.
- ♥ It takes 18 muscles to move a dog's ear. This specificity of motion helps the dog pinpoint the origins of sounds much faster than a human can.
- ♥ An estimated 1 million dogs in the United States have been named the primary beneficiary in their owner's will.
- ♥ Over 50% of all pet owners would rather be stranded on a desert island with their pet, not another person.
- ♥ A 15 year old cat has probably spent 10 years of it's life sleeping.
- ♥ Elephants are the only animals that can't jump.

We're on the web!

www.heritagepetvet.net

HERITAGE PET HOSPITAL

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